**My Music Journal**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Grade: \_\_\_\_\_\_\_\_ Instrument: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. What were your goals for this practice week?
2. What material did you practice? (number in book, song title and/or page number)
3. What did you find difficult when you were practicing this week?
4. What did you use to accomplish your goals? (counting/clapping rhythms, checking fingerings, mouthpiece buzzing, practicing stickings, etc.)
5. Did you accomplish your goals in question 1?
6. If yes, how did you improve?
7. Which days of this week did you practice outside of class? (Highlight in **BOLD** all that apply.)
   1. Monday
   2. Tuesday
   3. Wednesday
   4. Thursday
   5. Friday
   6. Saturday
   7. Sunday
8. This week I had my instrument, music and all the materials necessary to participate each day for class. (Highlight in **BOLD** your answer for questions 8-12.)
   1. True
   2. Most of the Time
   3. False
9. This week I was committed to staying on the front of my chair and maintaining proper posture (without reminders).
   1. True
   2. Most of the Time
   3. False
10. This week I did not have to be asked to focus (socialization, talking out of turn) which shows that I understand our rehearsal minutes are limited and I music contribute to our group’s focus.
    1. True
    2. Most of the Time
    3. False
11. This week I marked my music: whenever I made and error, thought of something I could do better, or my director requested me to do so. This shows I care about the excellence in our ensemble.
    1. True
    2. Most of the Time
    3. False
12. This week I was listening critically to those around me. I know what I hear affects the music decisions I must make including: style, intonation and dynamics. Ultimately I am trying to learn the entire piece, not just my part.
    1. True
    2. Most of the Time
    3. False
13. Please use the space below to comment on anything you noticed as you were practicing or participating in class this week.

\*\*\* I understand that I am trusted to answer this honestly. (Parents may be contacted to verify.)

YES NO